# SUCCESS

Newsletter

Talent Development Project

# PATHWAY TO ACHIEVE YOUR DESIRED R E S U L T S



CONSULTANTS
for OUR FUTURE WORLD (PVT) LTD.

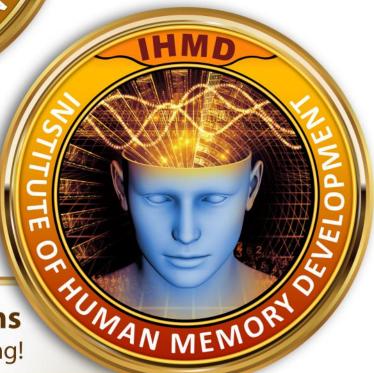
#### **Our Projects:**

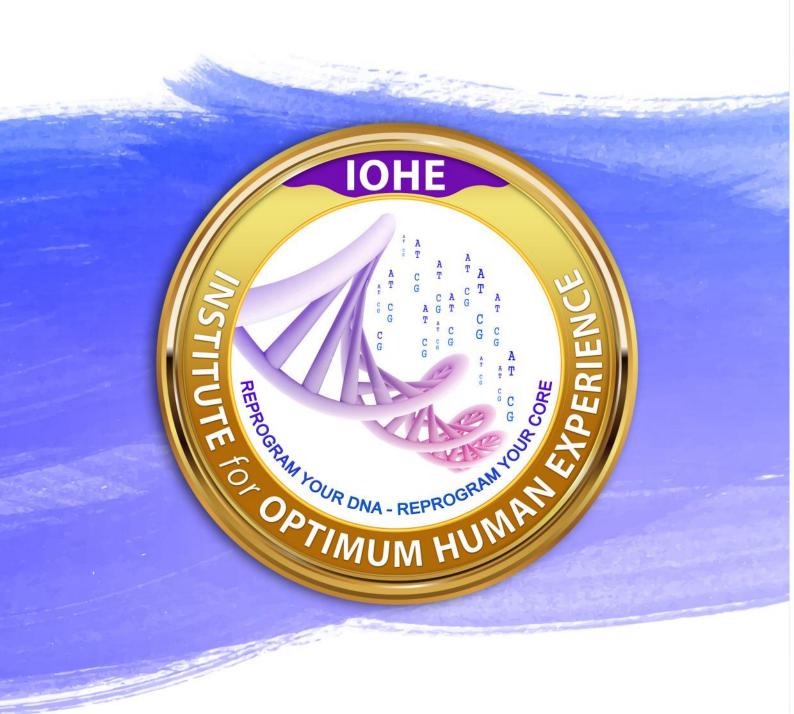




**Self-Management Systems®**Systems for a Joyful & Effortless Life!

**Super-Learning Systems**Systems for Accelerated Learning!





## **Self-Management Systems**Systems for a Joyful & Effortless Life!

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#### SELF-MANAGEMENT SYSTEMS

Systems for a Joyful & Effortless life! Enhance the Quality of Your Life!



Chief Consultant, Self-Management Systems®, Shehla Mazhar, teaching a powerful tool, the Technology of Heart-Brain Coherence at the Mind Mapping Workshop, Bahria audituriam.

# "Teaching Heart Coherence to more than 700 indiviuals for the betterment of self and the whole nation!"

Shehla Mazhar, Chief Consultant, Self-Management Systems®



- 1. Focus on Heart
- 2. Breathe From Heart
- 3. Feel from Heart

Majority of population around the globe is continuously living under the influence of stress and performing at only 5% - 15% of their potential. Over 80% of that population displays PHYSICAL symptoms of stress which impacts individual, team and corporate performance.

Everyday life comes with everyday stressors. Stress Response can be triggered from environment, life changes, daily stresses and workplace. These stressors knock the brain and body out of balance which affects your Finances, Health, and Relationships.

Learning to not only manage your stress but also to MANAGE YOURSELF is crucial to a healthy, joyful and prosperous life.

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#### **Interactive Awareness Workshop** WHERE ARE YOU OPERATING YOUR LIFE FROM?

A Powerful 4 hours Interactive Training Workshop titled 'Where Are You Operating Your Life From' an extensive training on Stress & Self-Management. FREE interactive workshops worth over Rs. 18,990,524 provided to individuals from all over the world FREE-of-Cost by Consultants for Our Future World.

#### Each participant will receive:

- Training worth Rs. 25,000
- Certificate of Participation
- Gift of Rejuvenation Voucher worth Rs. 5,000
- Gift of Joy Heart Coherence Technology



Receive a Coupon for Super Zero Gravity experience with Light & Acupressure Therapy for Eyes (15 minutes)



Receive a Gift of Joy Learn to Instantly Shift Your Emotional State from Stress to Joy



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### **Did You Know?**

Research shows the human heart is much more than an efficient pump that sustains life. Research suggests the heart also is an access point to a source of wisdom and intelligence that we can call upon to live our lives with more balance, greater creativity and enhanced intuitive capacities.



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### **Happening:**

#### **INTERACTIVE AWARENESS WORKSHOP**

Attend Our Workshop Our State of the Art Facility

**FREE OF COST WORTH RS. 25,000** 



**Beginners Course** Stress Management

**Advance Course Optimum Abundance & Finances** 

Advance Course Optimum Health & Joy

Advance Course Optimum Relationships & Development

Prerequisite – Previous 4 Courses **Optimum Spiritual Awakening** 

Courses

**Contact Us** 

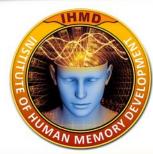






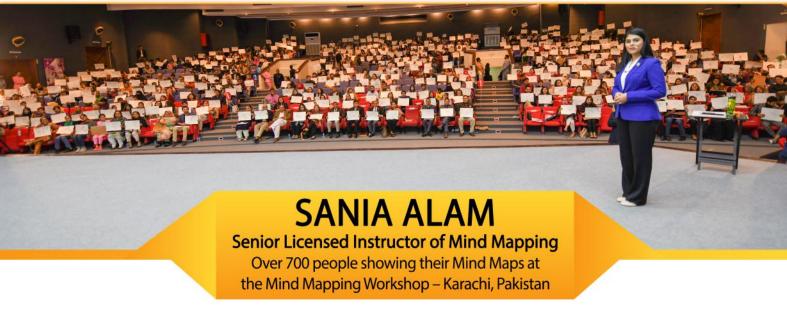


## **Super-Learning Systems**Systems for Accelerated Learning!



#### **SUPER-LEARNING SYSTEMS**

**Systems for Accelerated Learning!** 



#### More than 700 people learn the Technology of Mind Mapping

Institute of Human Memory Development held its very successful 1st ever Mind Mapping Workshop in Karachi for over 700 quests in Bahria Auditorium. Conducted by Sania Alam, One of the Only 4 Senior Licensed Mind Mapping Instructors around the World.

The workshop which was part of Talent Development Project of Super-Learning Systems (SLS) was aimed towards developing Mental Literacy of the citizens of Pakistan.

The workshop was attended by many dignitaries including educationalists from leading Institutes, Schools, Colleges and Universities.



#### Academic Leaders supporting Super-Learning & Mental Literacy Development in Pakistan at IHMD's Introduction to Mind Mapping Workshop 2019 – Karachi, Pakistan

#### (Left to Right)

- Bushra Abid (Principal, Students Zone)
- Azra Aqil (Owner & Principal, Karachi Cambridge School)
  Naheed Wasi (Owner, Institute of Early Childhood Education and Development)
- Syeda Tatheer Fatima (Principal, PECHS College for Women)
- Sajida Ali (Director, Pakistan Centre for Autism)
- Brig. (R) Ghulam Hussain Ghumman SI(M) (GM, PSO Admin and Security Services)
- Brig. (R) Syed Wajid Raza (Chief of Security, PARCO)
- Imtiaz Hussain (Owner, Chain of Imtiaz Super Market)
- Abdullah Akhtar (Owner, Schole International Academy)
- Salman Alam (Managing Director, Arthur Lawrence)

- Hameeda Mirza (Principal, Happy Home School) Naqi Hassan (CEO, BATCO Group, Owner Alam's Boutique and Showcase.com)
- Hammad Siddiqui (Program Director for Asia at Center for International Private Enterprise) Samina Khan (Executive Director, Indus Valley School of Art and Architecture)

- Saima Amir (Principal, Kith Schooling System) Meher Bano (Head, Happy Home School, Clifton) Tabassum Zehra (Director, SBCA)
- Ghazala Mazahir (Head of School, Amina Academy)
- Dr. Farhat Agha (Principal, DHA College for Women)
- Shakeela Khurram (Principal, Shaheen Public School)
  Sania Alam (President, Institute of Human Memory Development)







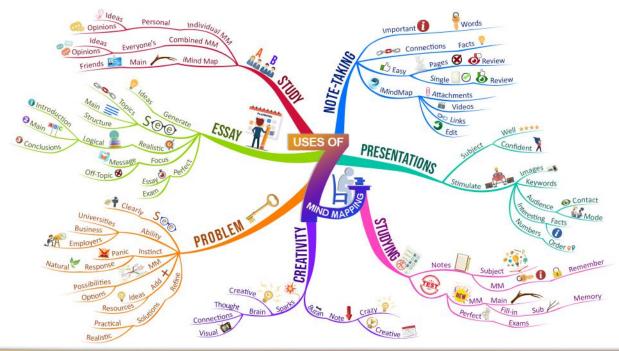


IHMD successfully held its first National Mind Mapping Championship with 26 trained competitors, the competition was the first of its kind to be held in Pakistan.

The 1-day championship was conducted on National format which consist of 2 disciplines (1) Note-Taking from Lecture (2) Mind Mapping Free-Style.

Congratulations to all the participants, especially the winners. 1st place winner who was also the Gold Medalist in all disciplines was Kisa-e-Zehra. 2nd place went to Abeerah Ather and the 3rd place went to Ambreen Hameed.

The youngest Mind Mapping competitor was an 8-year-old Mussa who did a splendid job in all disciplines.





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#### **COFW at International Women's Day**





Sania Alam introduced Super-Learning Systems on ARY Zindagi 'Salam Zindagi' with Faisal Qureshi, on International Women's Day.



COFW Consultants, Shehla Mazhar, Sania Alam and Maham Bano at International Women's Day Award Ceremony by Rotary & Rotaract Club of Karachi.



Sania Alam receiving an award at International Women's Day Award Ceremony by Rotary & Rotaract Club of Karachi, from Respected Khushbakht Shujaat, Member of the Senate of Pakistan.







COFW Consultants, Ambreen Hameed and Amna Hameed at LadiesFund International Women's Day Event.

Ambreen Hameed received an award at LadiesFund Event.

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66 Mind Mappers are taking our information democracy to the next stage.

> **Bill Gates** Founder, Microsoft Corporation

Did you know that you use less than 1% of your brain? The good news is that Mind Mapping can help you to access the other 99%!

Tony Buzan, Inventor of Mind Mapping

The use of Mind Mapping is an integral part of my Quality Improvement Project at Boeing. This has provided savings of over \$10 million for my organization.

Mike Stanley, Boeing Corporation, USA

Normal linear note taking and writing will put you into a semi-hypnotic trance, while Mind Mapping will greatly enhance your left and right brain cortical skills.

Tony Buzan, Inventor of Mind Mapping

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### **Did You Know?**



The human brain is 30 times more powerful than the IBM Sequoia, one of the world's fastest super computers.



### **Happening:**

MIND MAPPING
FULL DAY
WORKSHOP

Sunday – 28th April, 2019 Sunday – 16th June, 2019 Sunday – 14th July, 2019

#### **ENROLL NOW!**



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Website: www.ihmd.co

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Mind Mapping (

Memory Skills 💮

**Speed Reading** 

**Applied Innovation** 

Memory Athlete

Math Genius (

Exam Success

**Contact Us** 

**Courses** 

# YOU ARE A POTENTIAL GENIUS

UNLEASH YOUR BRAIN POWERS WITH THE MOST EFFECTIVE

SUPER-LEARNING SYSTEMS

0

PROCESS INFORMATION FASTER

TRIPLE YOUR READING SPEED

**DEVELOP LASER SHARP MEMORY** 

**ENHANCE CREATIVITY** 

DEVELOP INNOVATIVE THINKING

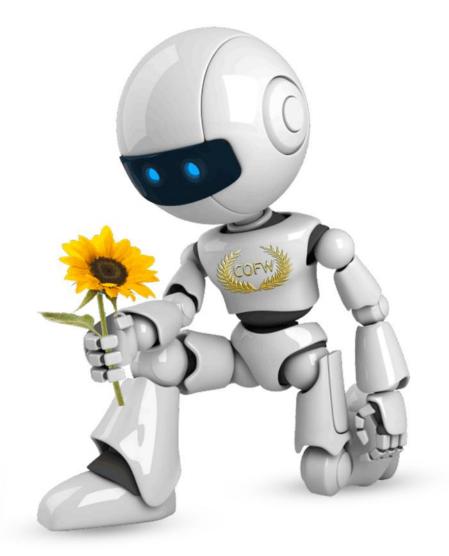
**SHARPEN YOUR FOCUS** 

BECOME AN EXPERT IN ANYTHING





These technologies are used worldwide by individuals within large corporations such as: NASA, APPLE, MICROSOFT, WALT DISNEY, & PEPSI.



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